

Fine Motor Milestones

Typical fine motor
development by age

**1-2
years**

- Scribbles
- Places rings on a post and stacks 3 blocks
- Paints with whole arm movements
- Drinks from a cup and feeds self with help

**2-3
years**

- Begins to demonstrate hand dominance
- Paints with a wrist motion (rather than arm)
- Eats without assistance
- Rolls, pounds, squeezes and pulls play dough

**2-3
years**

- Strings large beads
- Turns pages of a book one at a time
- Snips with scissors
- Holds crayons with fingers and thumb (not fist)
- Imitates circular, horizontal and vertical strokes
- Washes hands independently

**3-4
years**

- Builds a tower of 9 blocks
- Copies circle and cross shapes
- Uses hands together efficiently
- Snips paper with scissors

**4-5
years**

- Writes name
- Cuts on a line continuously
- Writes numbers 1-5

**4-5
years**

- Copies x and square shapes
- Dresses and undresses independently
- Copies letters
- Manipulates clothing fasteners