



12 Days of Christmas

FINE MOTOR ACTIVITIES

FOR PRESCHOOLERS

FROM PRESCHOOL JOY



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The page is framed by a decorative border featuring large, colorful numbers from 1 to 10. Each number is accompanied by a holiday-themed illustration: a bird on a branch with pears for '1', a drum major for '2', a bird with gold rings for '3', a bird on a branch for '4', a swan for '5', a swan for '6', a swan for '7', a chicken for '8', a ballerina for '9', and a man in a top hat for '10'. The background is white with scattered gold stars and musical notes.

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- 12 Days of Christmas Counting Strips
- 12 Days of Christmas Clip Cards
- 12 Days of Christmas Dominoes Game
- 12 Days of Christmas Play Dough Mats

12 DAYS OF CHRISTMAS LACING CARDS



HOW TO USE THIS LACING ACTIVITY

You will need:

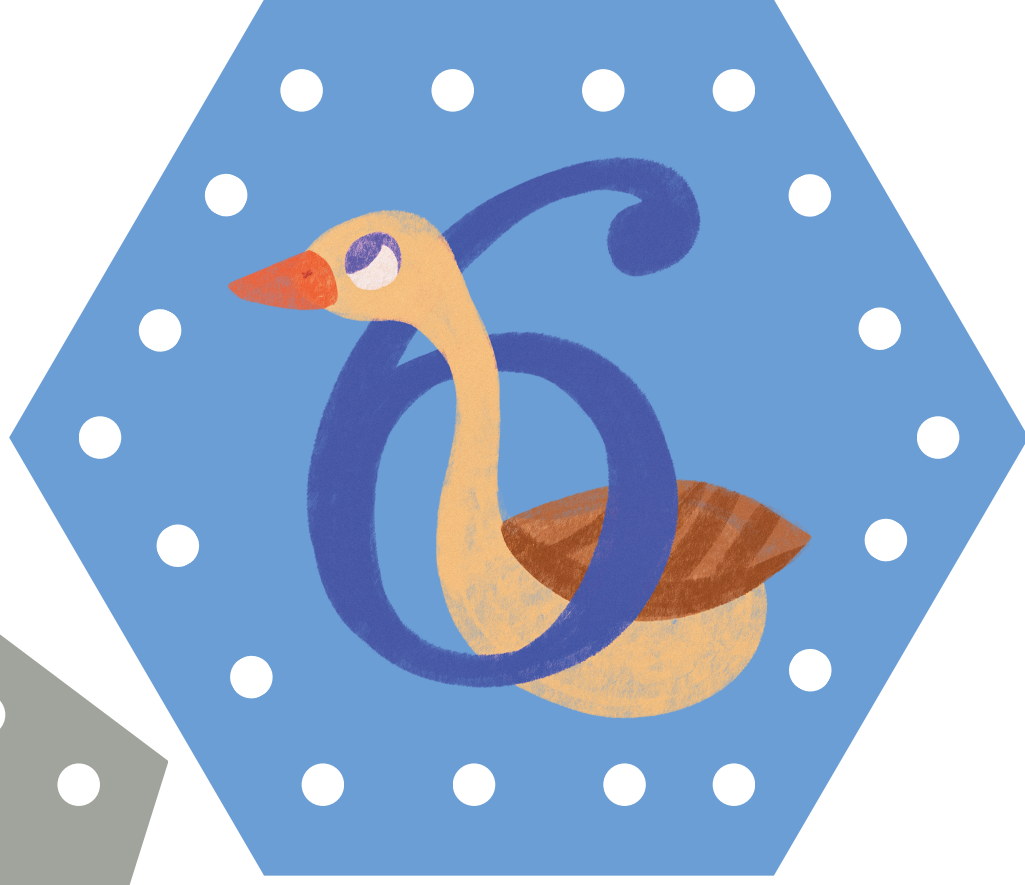
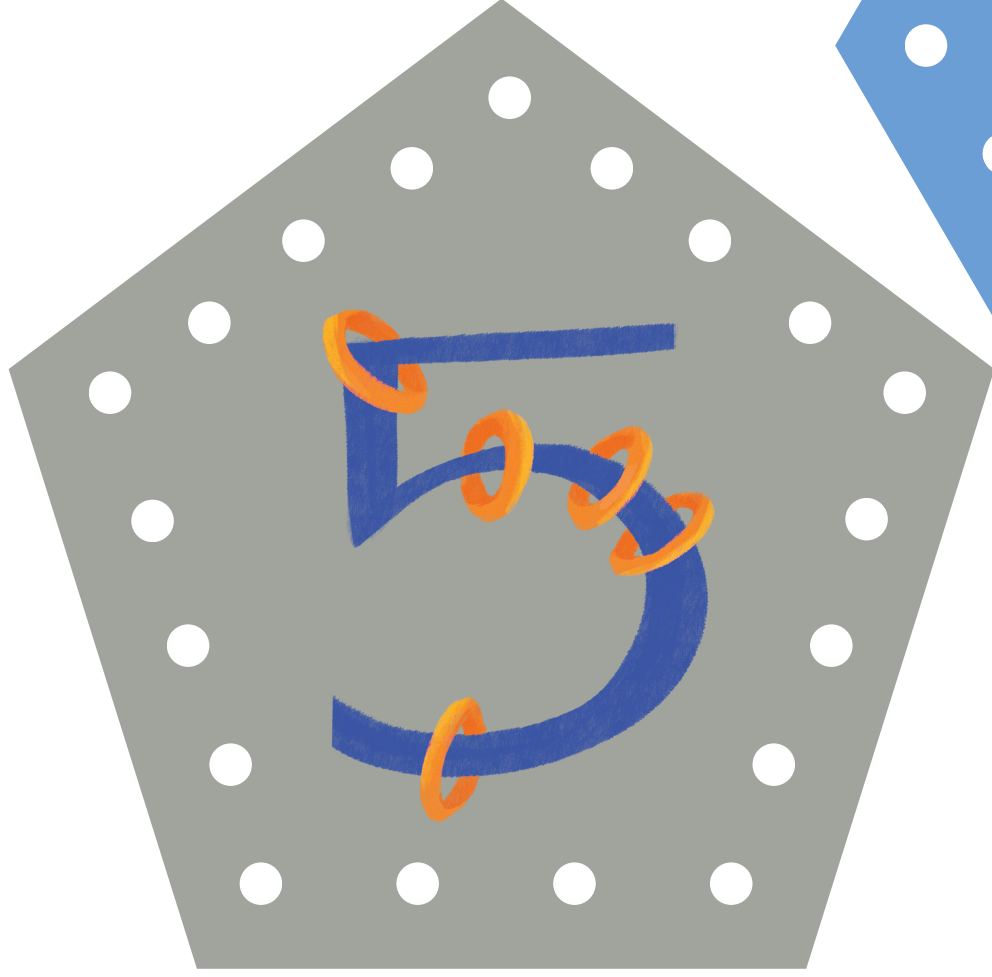
- Single hole punch
- Scissors
- Yarn or string
- Scotch tape

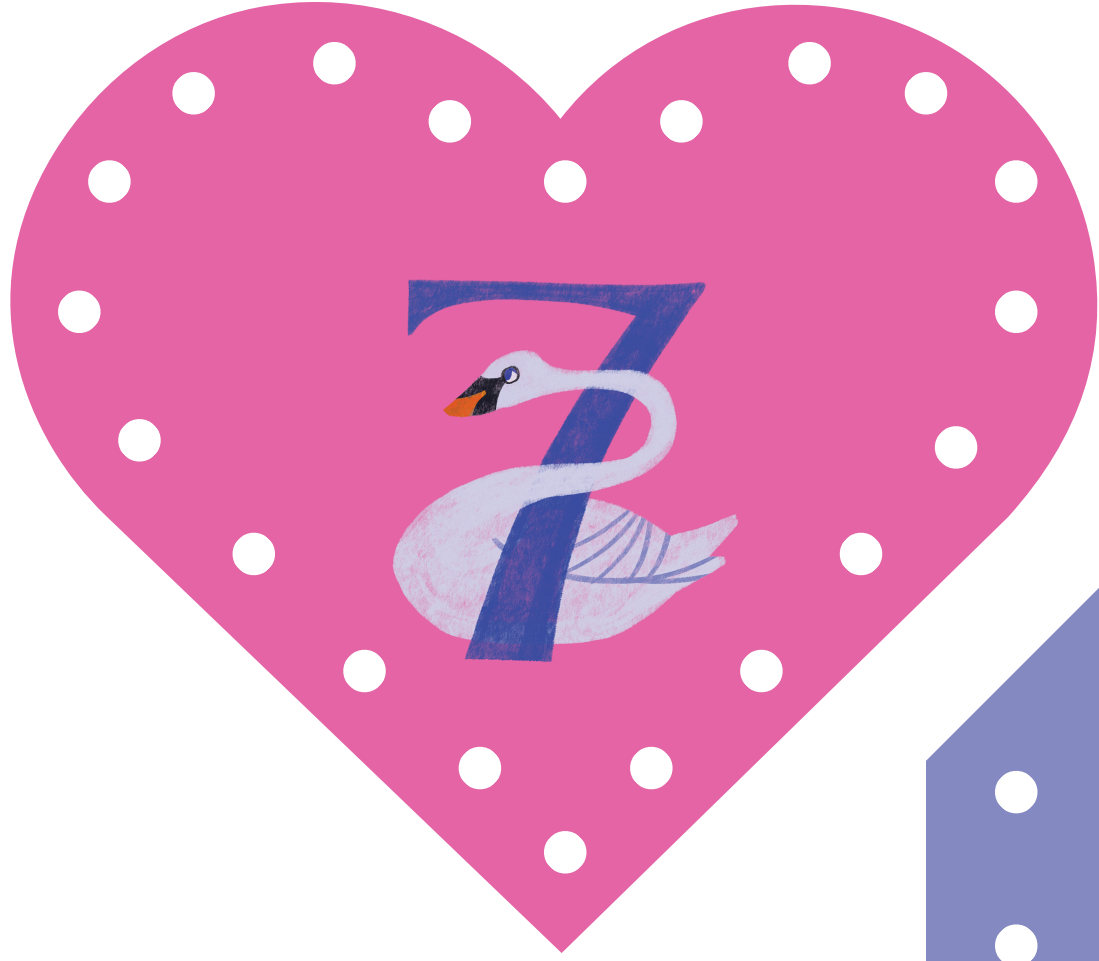
What to do:

- Print a lacing activity onto heavy cardstock.
- Cut out around each and punch the holes where indicated.
- Cut a length of string about 1yd long and put tape around 1 end to make it easier to lace through the holes.
- Have your child lace through the holes. Do not worry about the exact pattern. Just let them be independent and complete the lacing without specific instructions.
- As always, use this as an additional learning opportunity. Work on color identification, counting, etc. as you're lacing.

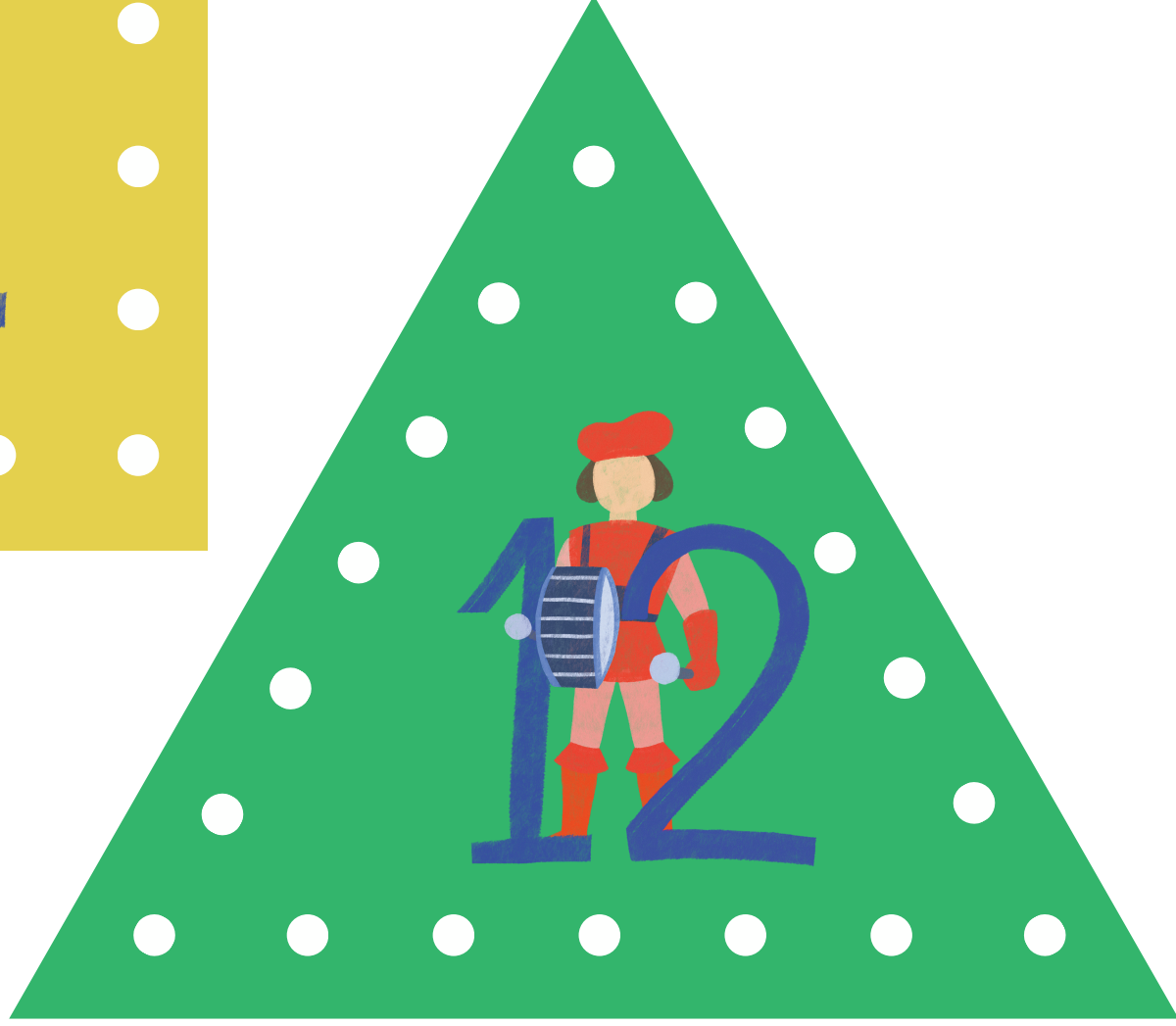




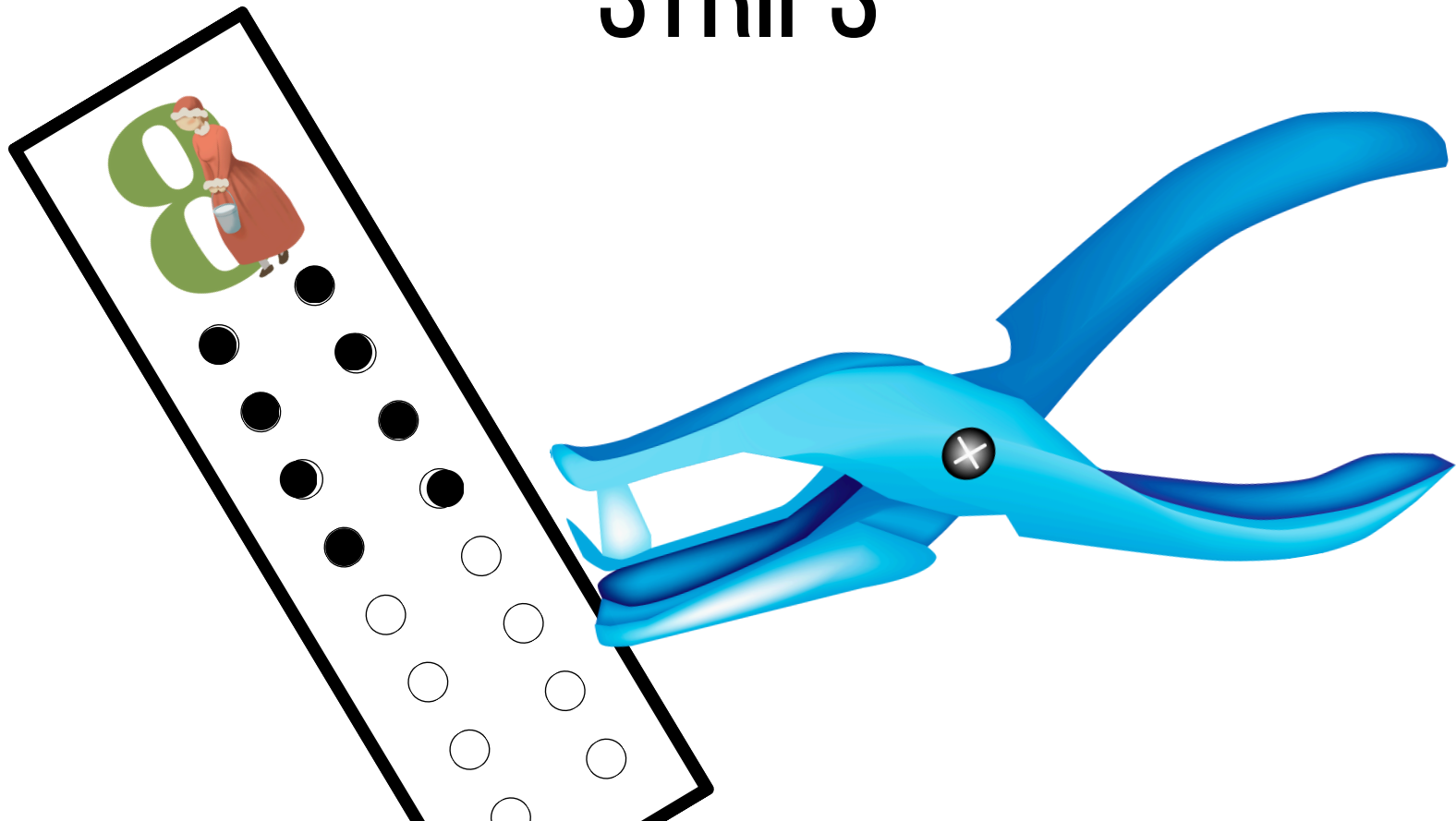








CHRISTMAS COUNTING STRIPS



HOW TO USE THIS ACTIVITY

Supplies to gather:

- Scissors
- Hole punch

What to do:

- Print the activity onto cardstock (standard printer paper will work also if you that's all you have)
- Cut the counting strips apart
- Say the number out loud and count it out
- Punch that same number of holes on the strip

Alternatives:

- Place small objects, like mini pompoms, beads or erasers on the strip.
- Place small balls of play dough on the strip and press each down with the pointer finger.
- Draw a slash, x, shape or other mark on the strip when counting.
- Color in the circles as you count.
- Use a q-tip (cut in half) and paint to mark the number.
- Print the strips onto regular printer paper and place it on top of a mouse pad or folded towel. Then use a toothpick to "punch" the number.



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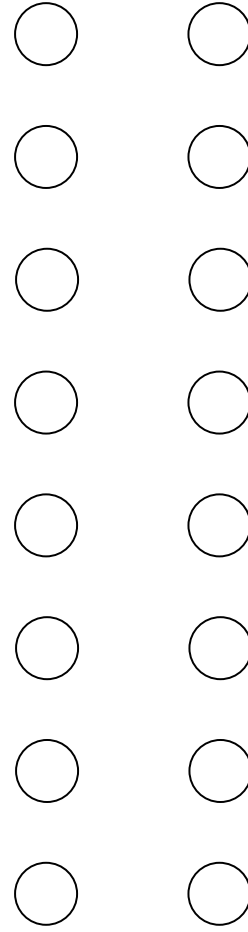
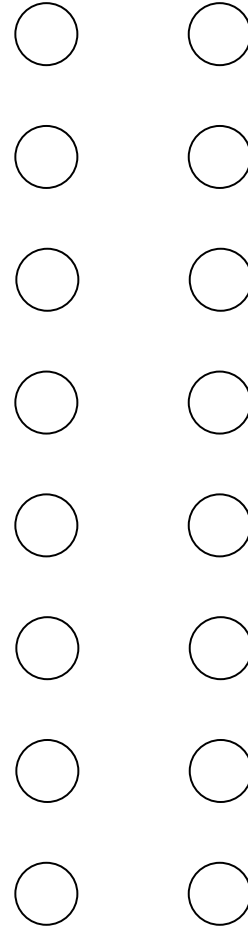
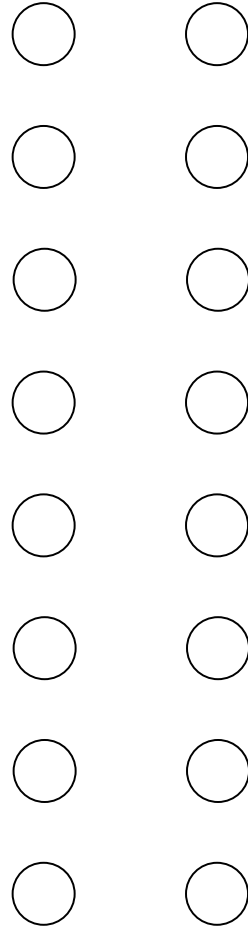
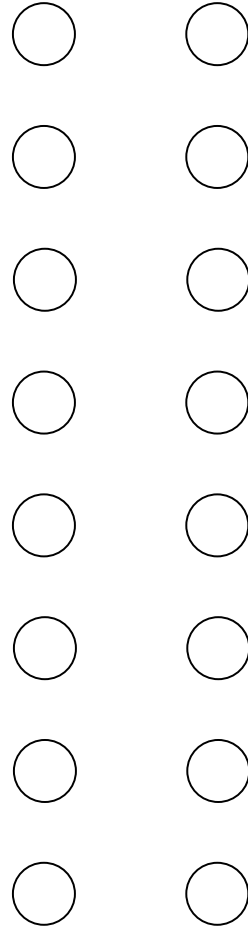
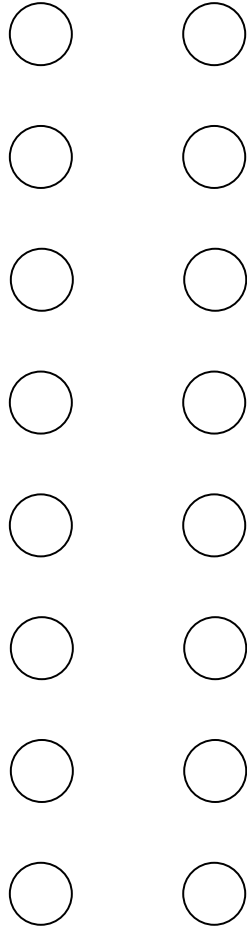
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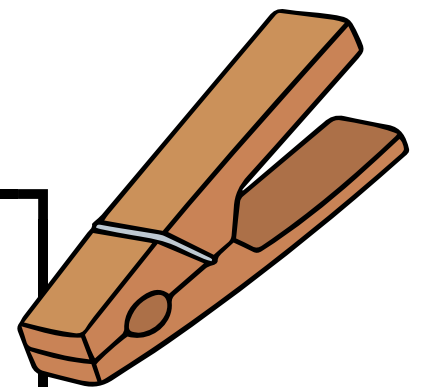
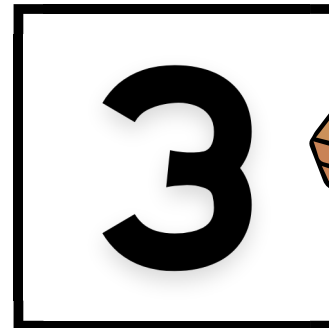
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12 DAYS OF CHRISTMAS CLIP CARDS

ACTIVITY



HOW TO USE THIS ACTIVITY

Materials to gather:

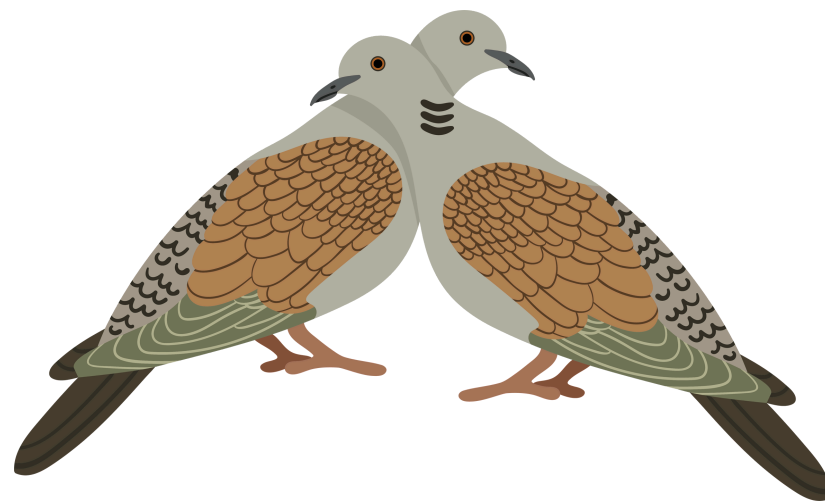
- Clothespins
- Scissors

What to do:

- Print the activity onto heavy cardstock
- Cut the cards apart
- Have your child count the 12 Days of Christmas items on the card and clip the number that matches.

Alternatives:

- Instead of clothespins, use paper clips
- Use this as a play dough activity and place a ball of play dough on the correct answer. Then give it a little press.
- Use a hole punch to punch on the correct answer.
- Instead of clothespins, use a small item to mark the answer, such as a block, eraser, toy, pompom, etc.



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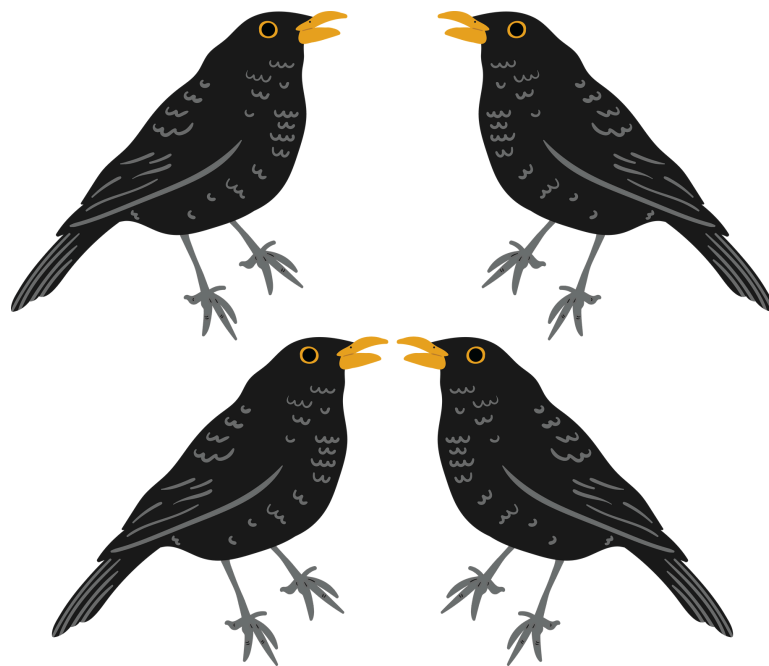
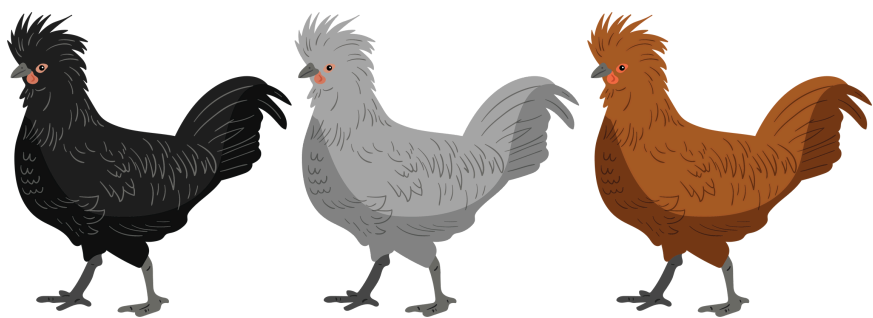
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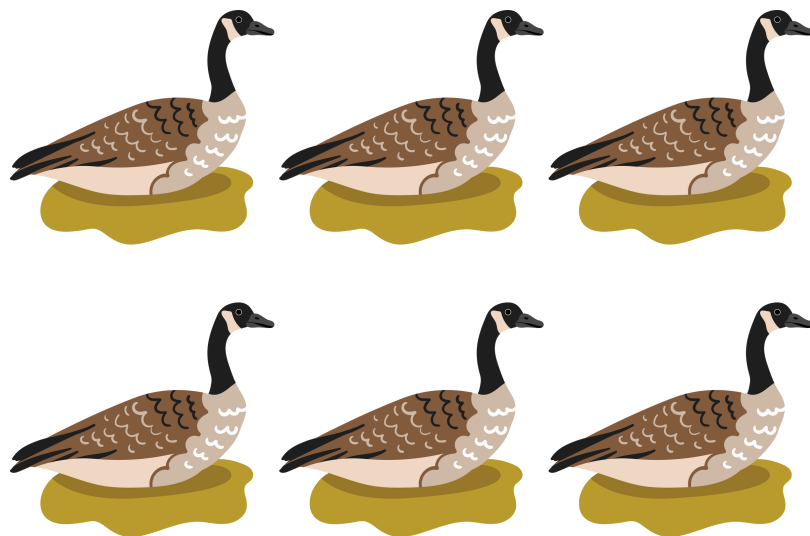
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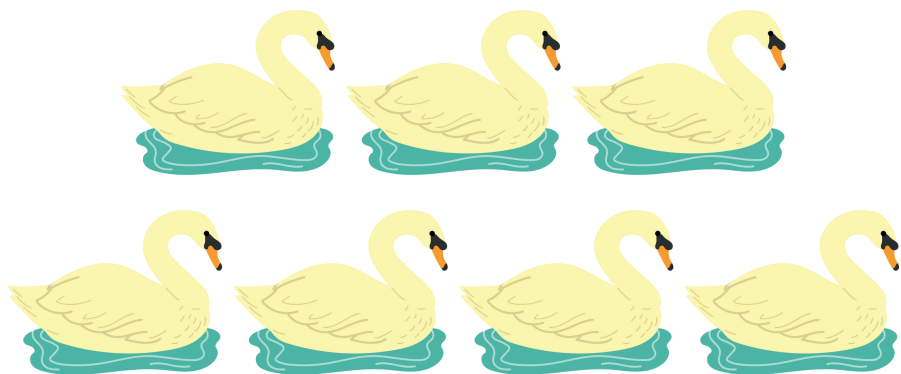
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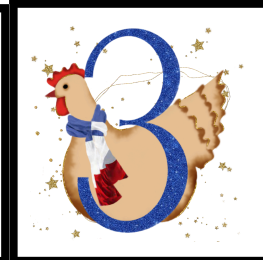
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CHRISTMAS DOMINOES GAME



HOW TO USE THIS ACTIVITY

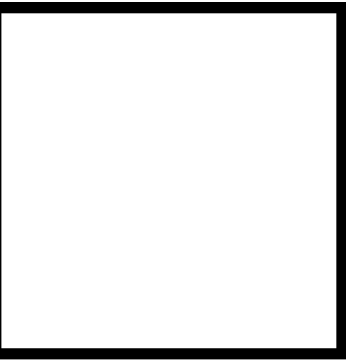
Prepare the dominoes:

- Print out each page of dominoes onto heavy cardstock for best results.
- Cut the dominoes apart.

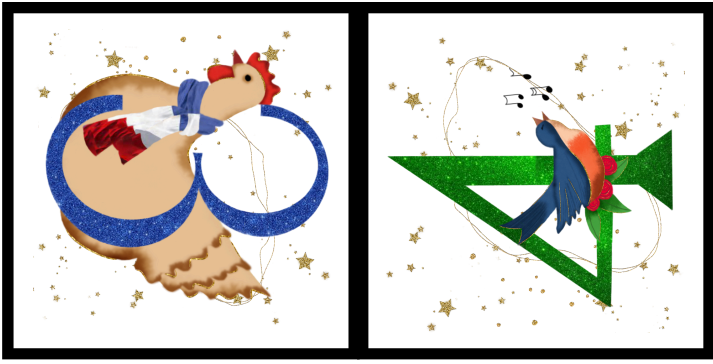
How to play the game:

- Each player starts with 5-6 dominoes.
- Dominoes not in use should be placed in the center of the table upside down.
- A person with a double domino starts the game. If more than one person has a double domino, break the tie with whoever is youngest.
- On your turn, place a domino on the board, matching one side (or both if it is a double domino) to a number that is already in play and has an open end.
- *Double dominoes get placed in a 'T' fashion.
- If you can't play on your turn, pick up an extra domino. If it is playable, put it in place. If not, your turn is over.
- Go around the table from player to player repeating these actions.
- The game is over when someone wins by using all of the dominoes in front of them.

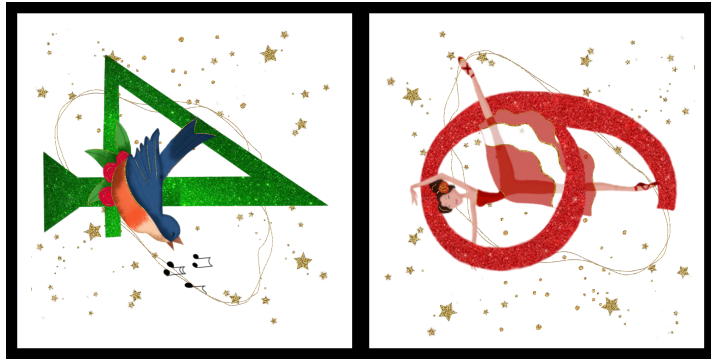


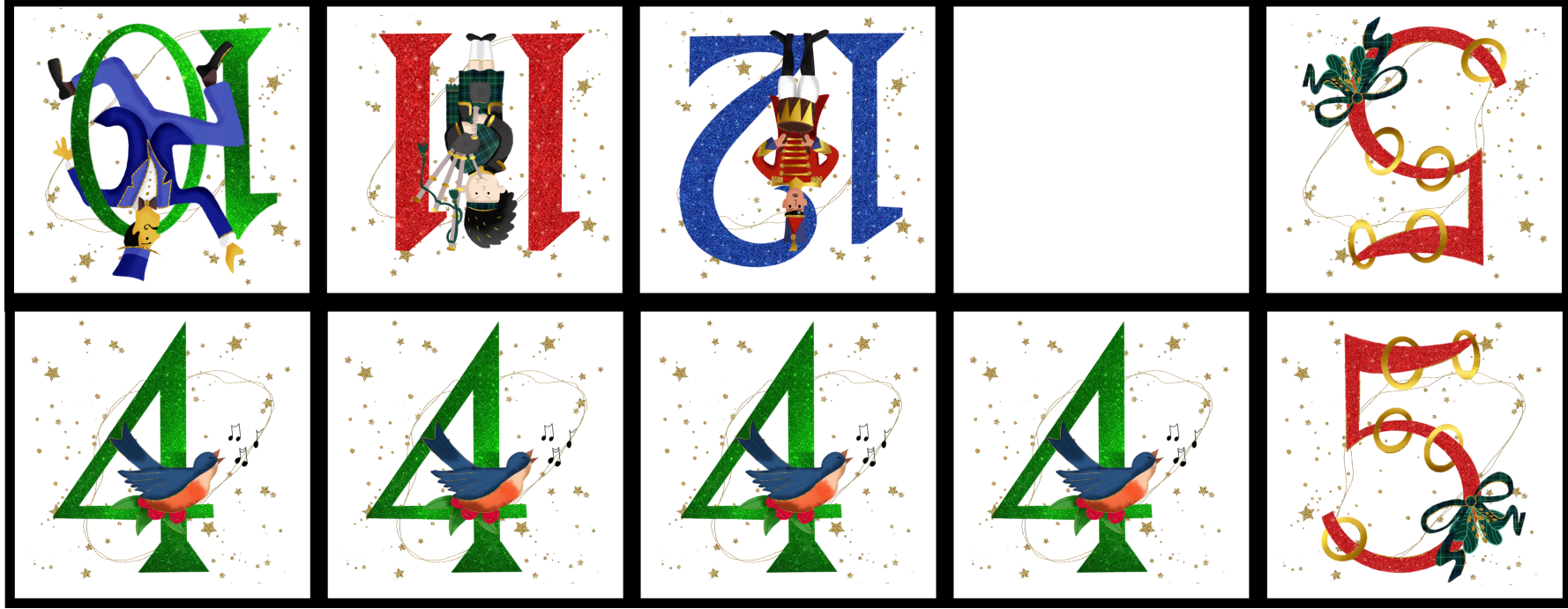


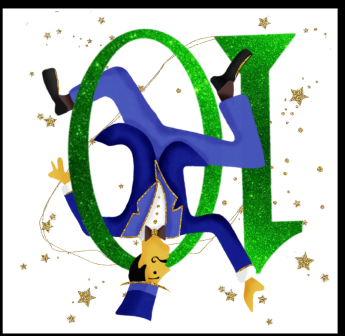
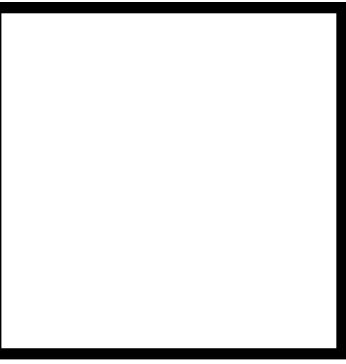


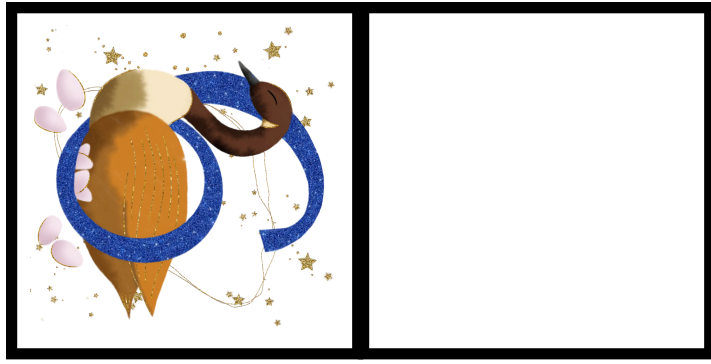




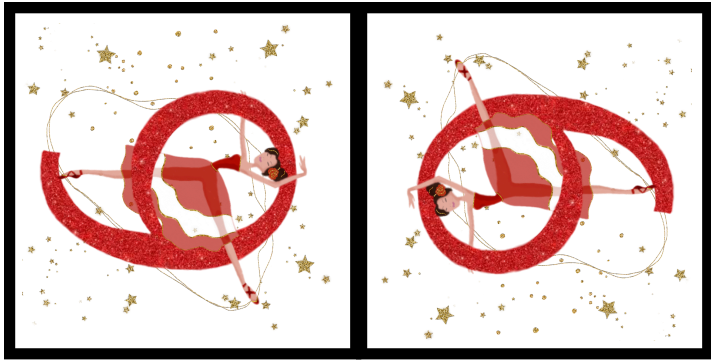
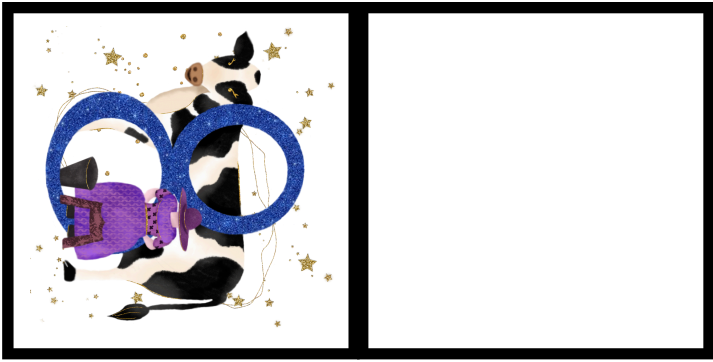


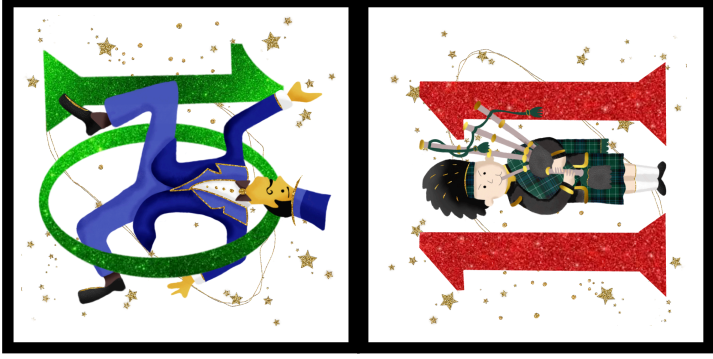


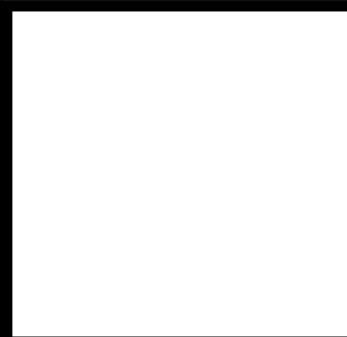
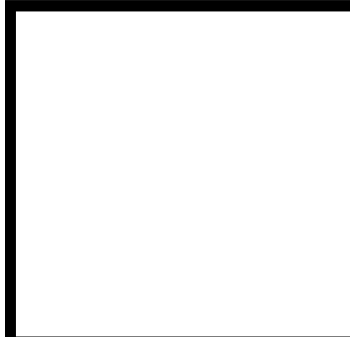
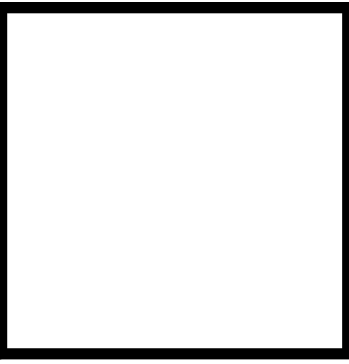
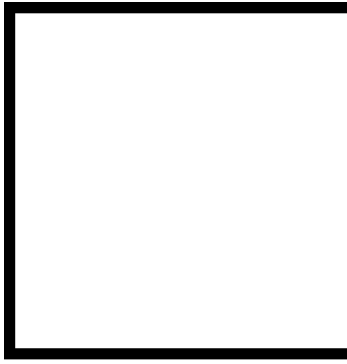
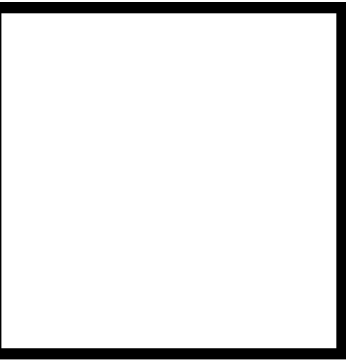












12 DAYS OF CHRISTMAS PLAY DOUGH MATS



HOW TO USE THIS ACTIVITY

Materials to gather:

- Play Dough

What to do:

- Print the play dough mats onto heavy cardstock
- If you plan to reuse them, laminate each page or slide it into a plastic sleeve.
- Have your child count the number of items in the picture and roll that many balls of play dough.
- Place each ball onto the circles at the bottom and give it a little press with your index finger.

Alternatives:

- Place the mats under a squishy bag containing pompoms and move the pompoms into place on the circles while counting.
- Instead of play dough, use a small item to mark the answer, such as a block, eraser, toy, pompom, etc.

PLAY DOUGH RECIPE

Ingredients:

2 Cups of Flour

2 Tbsp of Oil (any oil will do, coconut oil, vegetable oil, even olive oil)

1/2 Cup of Salt

2 Tbsp Cream of Tartar

1 1/2 Cup Boiling Water

Gel Food Coloring (Optional)

Essential oils for scent (Optional)

Instructions:

- Combine all of the dry ingredients
- Add the oil
- Stir in the boiling water until the play dough is smooth
- Once it cools a bit, knead in the gel food coloring (optional)
- Last, add a couple of drops of essential oil in a scent of your choice and knead it into the dough (optional)

**Store in an air-tight container

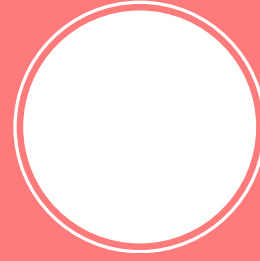
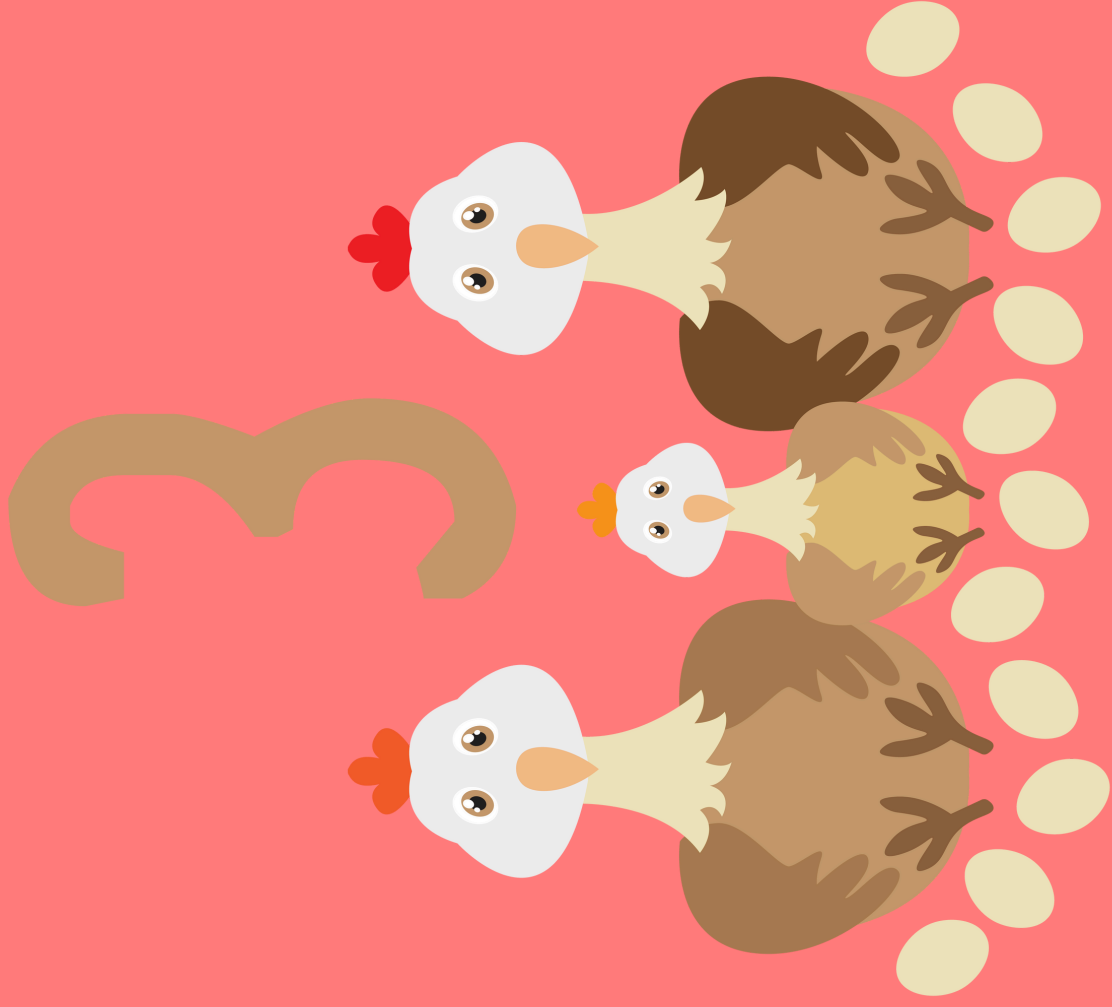
BENEFITS OF DOUGH PLAY

There are so many benefits to children playing with play dough. Not only is it fun and a great hands-on way to learn new concepts, but it's also great for promoting:

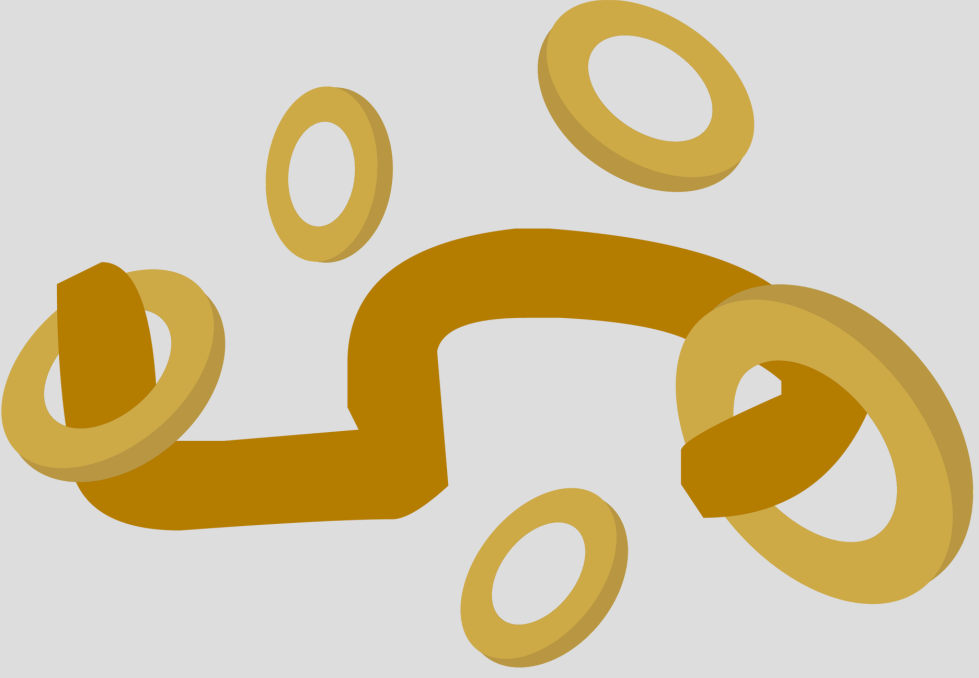
- Hand strength
- Fine motor coordination
- Hand arch development
- Bilateral coordination
- Proprioception
- Sensory integration and regulation
- Creativity
- Language development
- Social skills
- Shoulder stability
- Crossing Midline
- Concentration
- Calming
- Hand-eye coordination

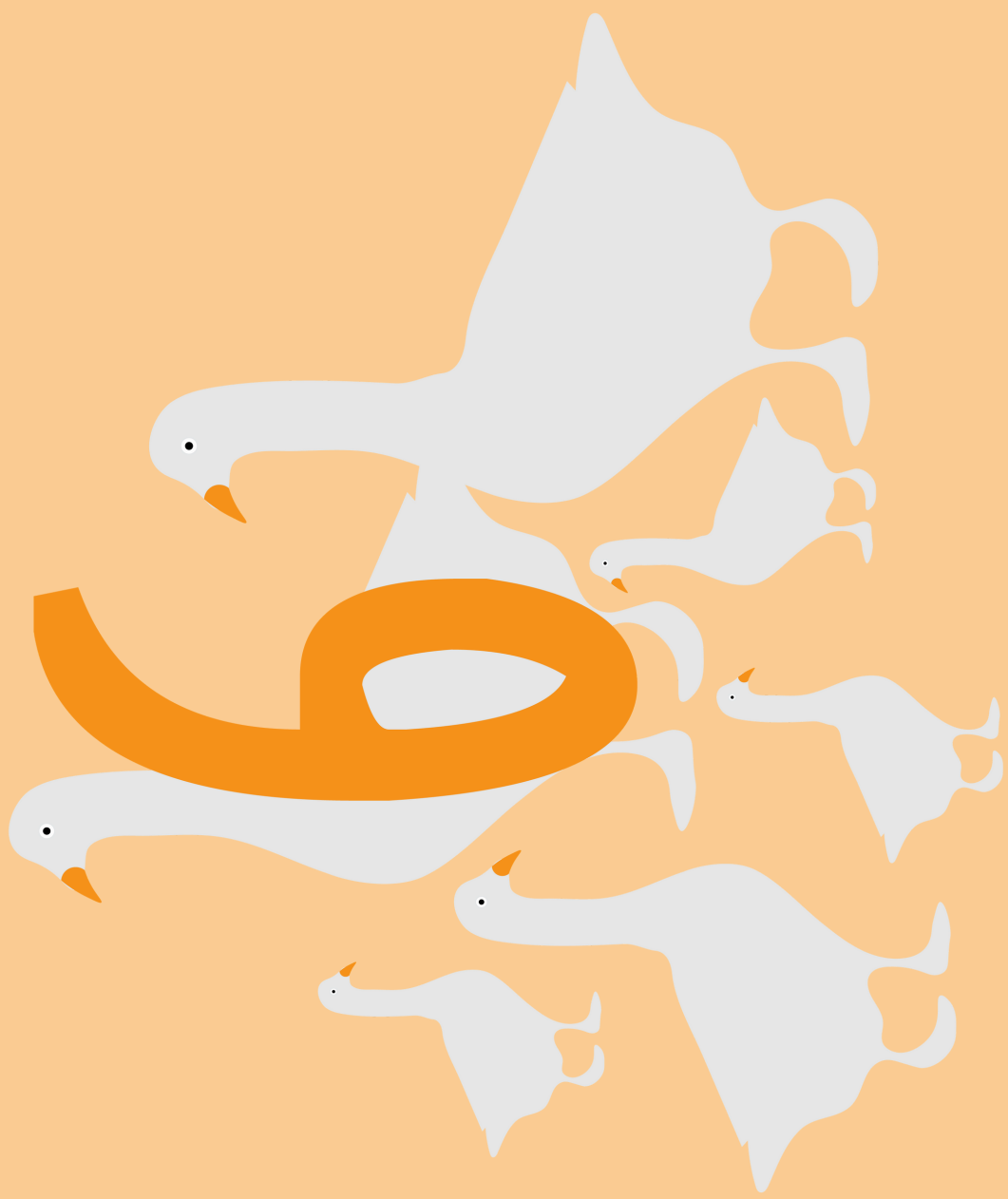


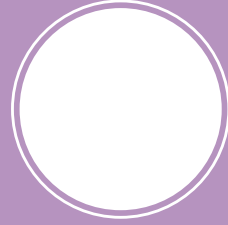
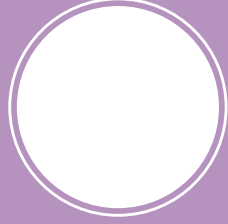


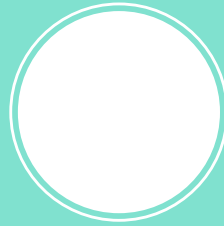
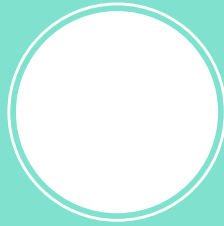
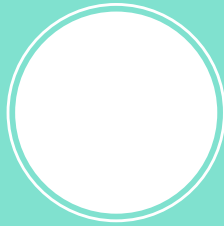
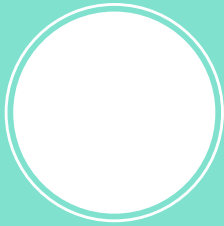
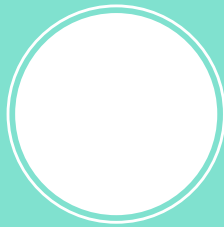
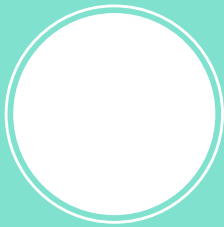
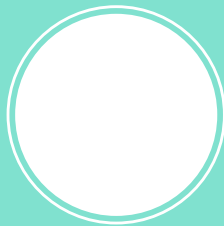
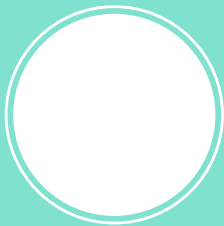
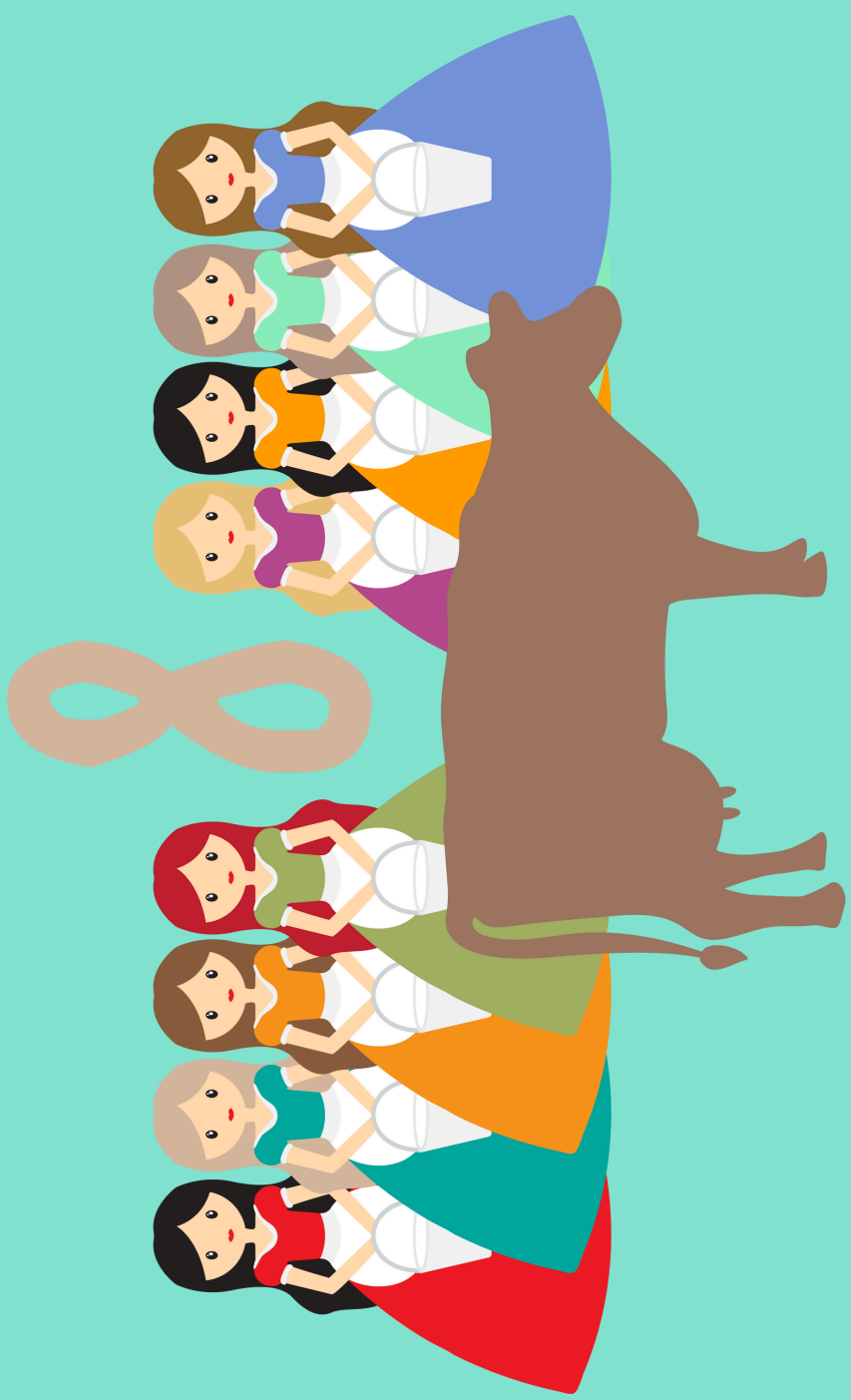


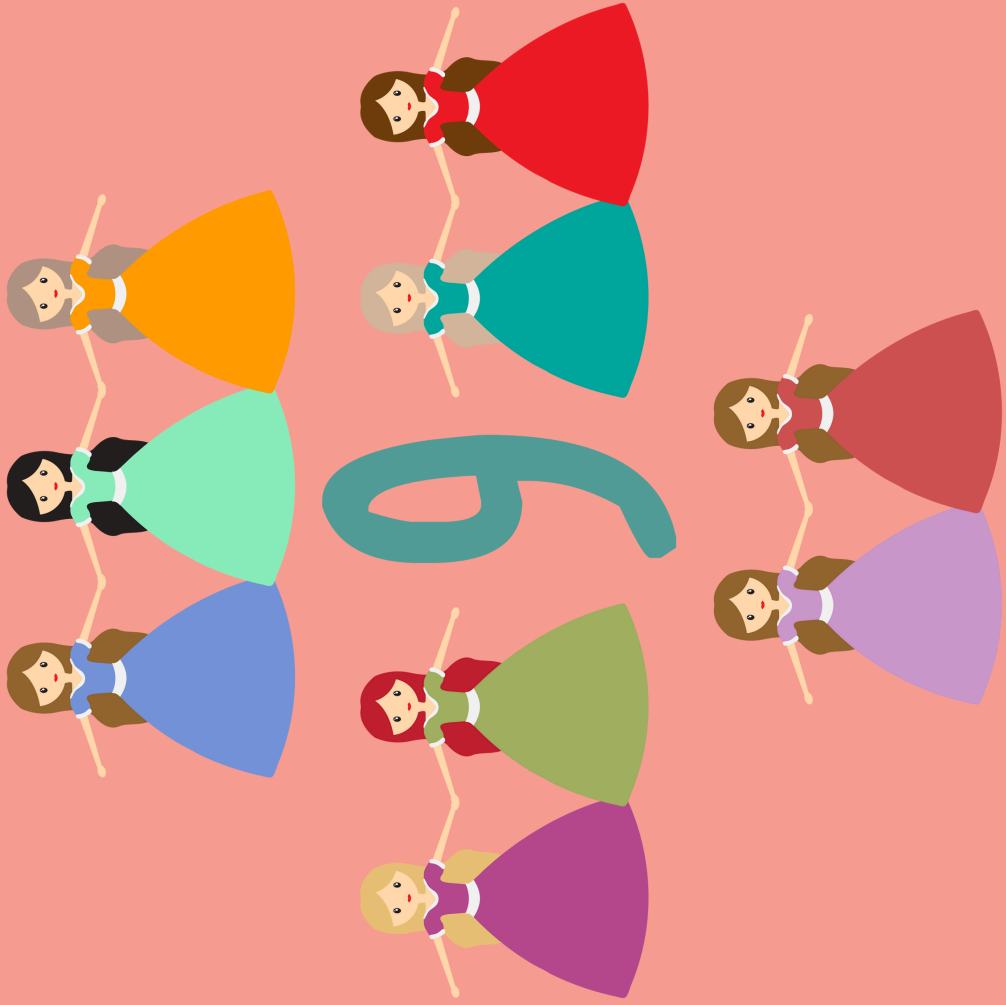

























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